



Position Description Rowing Coach

Overview:

The role of a Rowing Coach is integral to the success of the Kardinia International College Rowing program.

Aims:

- To follow a prescribed rowing program and technical model as directed;
- To prepare crews to perform at regattas;
- To ensure that the athletes are being managed effectively and those coming back from injury are adhering to the rehabilitation program prescribed by their medical practitioner;
- To build a successful and robust program whilst upholding and adhering to the Core Values of the program.

Key responsibilities:

Pastoral care and behaviour management

- Appropriate modelling of student behaviour and Core Values in consultation with Director of Rowing;
- Ensure that all students' pastoral care needs are taken into consideration and consult with the Director of Rowing where review/change is necessary.

Execution of training sessions

- Following the training program as prescribed the KIC Coaching Manual.

Student Management

- Instruction of crew in handling of boats and equipment;
- Instruction of athletes in prescribed technical model;
- Instruction of athletes in physical/mental preparation for training and racing;
- Instruction of boat loading/unloading, rigging etc;
- Ensure students are adhering to program values;
- Ensure appropriate and effective student management at regattas and training.

Selection Policy

- Ensure that you have read and understood the selection policy relevant to the KIC Coaching Manual and agree to adhere to the process outlined;
- Participate in the conduct of Selection Trials with the Director of Rowing and associate coaches where necessary.

Reporting

- Report to the Director of Rowing and coaching group within the program;
- Provide a report at coaching meetings for your crew.

Regatta Entries

- Maintain information on availability and attendance at regattas;
- Ensure all regatta entries submitted to the Director of Rowing are accurate and in line with the process outlined in the Coaching Manual.

Professional Development

- Manage and update minimum qualifications as set out in the Coaching Manual.

Mentoring

- Assist and mentor coaches within the program as requested.

Attendance expectations

- All training sessions;
- Designated regattas;
- Program meetings as desired.

Uniform

- Ensure students within the program adhere to all uniform requirements and standards as outlined by Kardinia International College protocol;
- Adhere to coaching uniform requirements.

Performance Indicators:

- Exercise and maintain a highly standard of communication with all people in the rowing community and College community;
- Provide consistently high standards of work;
- Support the development and growth of the KIC Rowing Program;
- Motivate and inspire all members of the KIC rowing team, enabling them to maximise their potential in the sport;
- Create and manage a healthy, competitive and positive environment within the KIC Rowing Team.

Policy:

- Must adhere to the Rowing Australia Member Protection Policy - <http://www.rowingaustralia.com.au/ra-member-protection-policy/>
- Must adhere to the College's Child Safe Policy and Code of Conduct

Attributes, Knowledge & Skills:

- Understanding of the needs of athletes;
- Strong interpersonal and communication skills;
- Personal commitment to excellence;
- Able to contribute to and work within a team environment;
- Capable of managing sensitive information with discretion;
- Ability to liaise with a diverse range of stakeholders;
- Ability to positively influence and inspire others;
- Ability to treat students with respect and empathy and engage them positively in required processes.

Qualifications and Experience:

- Previous experience as a coach;
- Minimum Level 1 Coaching Qualification;
- Current WWC;
- First Aid/CPR